

RESOURCE KIT

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1: EARTH RANGERS CLUBS

An Earth Rangers Club is a rewarding adventure, and we want to make sure you feel ready to go.

In this Earth Rangers Clubs Resource Kit, you will find messages and poster templates to help you recruit members, as well as ideas for games, celebrations and activities.

Whether you are a first time leader or an seasoned educator, we hope this kit brings you inspiration. If you have any questions, are facing any challenges or have an idea of something that could be included in this kit to make Clubs easier for leaders, send us an email at clubs@earthrangers.com. We would love to hear from you.

Recruiting Members

There are many ways to get word out about a new Earth Rangers Club and recruit members:

- Community paper or school newsletter
- Catchy announcements
- Posters
- · Collaborate with staff: Promote the club by visiting other activities and clubs
- Tap on the shoulder: Invite kids to join
- · Word of mouth: Have members invite a friend to the next meeting

At the end of this guide, you will find some sample announcements and posters to get you started!



2: GAMES AND TEAM-BUILDING ACTIVITIES

Games and team building activities are a great way to help bring members out of their shell, make new friends and get their creative juices flowing.

Icebreaker Games

Some quick and fun ways to start your meetings so everyone feels welcome.

SPECIAL ITEM: Ask each Club Member to bring a special item with them to the meeting. Invite each member to share why their item is special to them.

THE NAME GAME: Have members introduce themselves with their first name and another thing that starts with the same letter. For example, *Hi*, *I am Creative Caitlyn or I am Caitlyn and I like cats.* You can use different categories to repeat this game over a few meetings: animals, sports, adjectives, toy, nature, books etc.

TWO TRUTHS, ONE FIB: Each member shares two things that are true about themselves and one thing that is untrue and the other members guess which one is the fib. We recommend the Club Leader start. Here is an example: 1. *I was born in Scotland*; 2. *I love running*; 3. *I have a rescue poodle*.

SKIT-TELL US: Pass around a bag of skittles and ask each member to take two colours. Taking turns, member tell something about themselves based on the colour. **Red** = something fun you did on the weekend; **Orange** = your favorite outdoor activity; **Yellow** = your favorite season and why; **Green** = someplace you visited; **Purple** = something you like to do.

PEARLS OF WISDOM: This activity works well when you have experienced members. Invite returning Club members to share one tip to new members to make their year great!

Team Building Games

These games can build trust among members and create inclusive safe space.

TRUST WALK: One member guides another member who is blindfolded. Increase intensity by going outdoors.

HELIUM STICK: In small groups, ask members to stand in a circle with index fingers sticking out. Place a hula hoop or stick on the groups' fingers and instruct them to lower it down to the ground without any group member breaking contact with the object. If any group member breaks contact, start the task again.

MIRROR, MIRROR: In pairs, one member draws a picture that the other cannot see. Tell them to keep it simple. The member that drew the picture then sits back-to-back with their pair and instructs the other member to draw the same picture using only geometric shapes to describe their picture (circle, square, line). Each pair should try drawing and communicating. Debrief afterwards.

THE HUMAN KNOT: Members form a loose circle and come together to the middle, reaching out to (lightly) hold onto someone else's wrist with each hand. Once all connected ask them to try and untangle themselves without letting go of anyone's wrist. Must move slowly so no one gets hurt. You may have to allow the members to release one wrist. See if they can remove the knot without talking!

SILENT LINE UP: Ask your members to line up by the date of their birth in chronological order from January 1 to December 31st and tell them they cannot talk. Once members are in a line, have them share their birthday aloud and discuss how it felt to participate.







3: END OF MISSION CELEBRATION IDEAS

At the end of a mission, it is key to recognize and celebrate the achievements of the club and its members by acknowledge their efforts and successes. Some ideas for celebration are:

Eco-Craft Day: Make sustainable crafts such as seed bombs with native plants or egg carton seedlings. Lots of ideas, such as Nature Wind Chimes, can be found on Earth Rangers' Creative Corner.

Outdoor adventure: As a club, go for a walk at a nearby park or conservation area. Before you go, make a list of things to keep an eye out for (such as a squirrel or a Maple tree). Who will see the most?

Thank you cards: Make cards to thank everyone who helped make the mission a success.

Pizza Party: Host a pizza party and add local ingredients or veggie snacks to enjoy.

Environmental movie screening: Common Sense Media offers a list of environmental movies for kids with ratings and reviews.

Board Games or Card Games: Have members bring in their favourite games and bring in a few of yours for a game day.

Photography Fun: Together as a club, decide on an environmental theme such as "A new season is coming". Have members go outside and take a picture that they think best represents the theme. Once everyone has finished, share the pictures.

Make a snack: As a club, prepare an environmentally-themed snack. You can find fun creative inspiration, such as the Coconut Mallow Eagle or Rice Cake Owls on Earth Rangers' Creative Corner.





4: ADDITIONAL ACTIVITY IDEAS

If your club is looking for some fun activities to do between missions or while waiting for a mission event day, here are a few ideas, and you can find many more at Earth Rangers' Creative Corner.

Make a central recycling station: As a club, make a recycling station for your club's venue and posters to explain what goes where.

Plant a windowsill garden: Plant some vegetables and watch them grow!

Build the best butterfly snack bar in town: For an easy way to feed pollinators. Your club can also undertake planting a permanent pollinator garden.

Upcycle day: Members bring recyclables or old objects and turn them into something new/ reusable.

Nature collage: Have members collect items to make a piece of art using glue/string/paper etc.

Nature journaling: Go outside and have members write down what you see/hear/smell/feel.

Leaf clay fossils: Prepare some salt dough, collect some leaves and make some fossils!

Door decorating contest: Recycle materials to decorate a door – or doors – at your club's meeting location. This is a great way to get more people engaged, especially for Earth month!



5: EARTH RANGERS CLUBS SUPPORT

If you are facing any challenges, in need of support, or want to share a story about something that has worked for you, please send us an email at clubs@earthrangers.com. We would love to hear from you!

FEEDBACK WELCOME

We are interested in knowing how your Club is doing and what Club Missions you are completing. Continually improving the program is one of our priorities, so we welcome your feedback.

Thank you for taking this step to support the next generation of environmental leaders!



CLICK TO DOWNLOAD SOME COOL POSTERS AND ATTRACT NEW MEMBERS!

Announcement 1:

Did you know the average Canadian generates 720 kilograms of garbage every year? That's about as much as a grizzly bear weighs! It's about 25 times what you weigh! Here's the good news: we can make a difference. Join our Earth Rangers Club and start saving the planet today. We can't wait to see you at our next meeting on (date/location).

Did you know the average American generates 1600 pounds of garbage every year? That's about as much as a grizzly bear weighs! It's about 25 times what you weigh! Here's the good news: we can make a difference. Join our Earth Rangers Club and start saving the planet today. We can't wait to see you at our next meeting on (date/location).

Announcement 2:

Recipe for an Earth Rangers Club:

- 1. Take 1 Earth Ranger
- 2. Add friends
- 3. Combine to protect the planet!

Ready to get cooking? Come join our Earth Rangers Club. The next meeting is (date/location).

Announcement 3:

Do you ever see garbage on the grass on your way to school? How does it make you feel? Sad? Angry? Grossed out? Good news: We've got the power to pick it up! Come to our next Earth Rangers Club meeting on (date/location) and start making a difference today.

Announcement 4:

Did you know? There are over 26,000 species worldwide that are listed on the threatened species list! Become an Earth Ranger Club Member and take action to help animals and the environment while having fun with friends. Come join us at our next meeting on (date/location).

Announcement 5:

Ever tossed a battery in the trash? Bad move! They're full of toxic chemicals that can pollute our planet and hurt animals. But here's the good news: there are lots of things we can do to protect our planet. Come to our next Earth Rangers Club meeting on (date/location) and find out more!

Announcement 6:

On today's lunch menu: plastic wrap, an empty coffee cup, and a stinky old diaper. Sound yummy? No way – and animals don't think so either! Join our Earth Rangers Club and find our ways to take trash off the menu for animals in your neighbourhood! Our next meeting is on (date/location). Can't wait to see you there!